



CORA NOMAD STAY

Work better in Palomino. Live better

A wellness stay for digital nomads

Yoga • Nourishing food • Community • Space to work



PALOMINO, COLOMBIA
Where the Sierra Nevada
meets the Caribbean Ocean.
2h from Santa Marta



LA CASA DEL
PAVO REAL
BOUTIQUE HOTEL



CASA ITA

**CO
RA**
STUDIO

Not just another nomad stay. Good work doesn't come from more hours.
It comes from a body that slept, ate and moved.
That's why yoga, real meals and our wellness partners aren't extras here.
They're part of the stay. **Come to focus. Leave with your best work done.**

Whats included:



DAILY YOGA
at CORA studio



BREAKFAST + LUNCH
nourishing, fresh and
vegetarian



24/7 CO-WORKING
Starlink +
backup power



SPECIAL RATES
at our restaurants,
café and spa



WELCOME CHAT
We help you feel home in Palomino,
plan activities and logistics

Your Day:

MORNING

Yoga at Cora

Start on the mat,
not in your inbox.
(or afternoon class
available)

WORKING HOURS

Your desk

Starlink,
backup power, 24h
access — co-working space
or your own room

MIDDAY

Lunch handled

Yummy options of
breakfast and lunch
included (fresh,
vegetarian and
nourishing)

EVENING

Your choice

Sessions at Cora, sunset
by the river or beach,
dinner with new friends,
or nothing at all.



Where you sleep is up to you:



Casa del Pavo Real
SOCIAL • VIBRANT • BOHEMIAN

Garden, pool, vegetarian kitchen and people to hang around with.
Private rooms, bungalows (with own pool) or a dorm bed.
The co-working space is here.



Casa Ita
CALM • PRIVATE • YOUR OWN SPACE

Four private villas, each with its own pool, kitchen and living room. A
quiet place to retreat to, just one minute from Casa del Pavo Real
where you can use all facilities as well.

Rates:

		PER WEEK 1 PERSON	PER WEEK 2 PERSON
Community	Bed in shared dorm • Pavo Real	1.000.000 COP	1.900.000 COP
Focus	Private double room with terrace • Pavo Real	1.900.000 COP	2.300.000 COP
Flow	Private bungalow • Pavo Real	2.100.000 COP	2.500.000 COP
Retreat	Bungalow with private pool • Pavo Real	3.100.000 COP	3.500.000 COP
Villa	Private villa with pool & kitchen • Casa Ita	3.200.000 COP	3.600.000 COP

Prices in COP for 7 nights, per room (1–2 people). Low season, rates valid until 15 December 2026.

Staying a month? We calculate a special rate for you. For example, from 3.480.000 COP for a private double room, including three yoga classes a week. Other categories on request.

How to book?

1 · Write to us (Contact info)

Tell us your dates, how long you'd like to stay, and which house you have in mind. If you're not sure yet, just say so, we'll suggest something.

2 · We send you a cotización

A written quote with your dates, your room (depending on availability) and the full price. No surprises later.

3 · Reserve with 30%

A 30% deposit confirms your stay. The rest is paid on arrival.

Direct booking only. Not on Booking.com, not on Airbnb, this way we keep the price fair and we get to know you before you arrive.

Minimum stay: 7 nights.

Extra nights and additional sessions can be added at any point during your stay.

CONTACT

Questions, dates, or just wondering whether Palomino is right for you? Write to us, we answer personally, as soon as possible, usually the same day.

Kendra Hasse · Wellbeing & Retreat
Organizer

kendra.hasse@gmail.com

[WhatsApp: +34603715510](https://wa.me/34603715510)

Good to know?

Getting here: 2h from Santa Marta. We can arrange a transfer.

Connectivity: Starlink and backup power at both houses.

The town: Everything is close and walking distance

Language: Spanish, English and German spoken.

Not included: dinner, tours, transfers, private sessions.

High season: from 15 December 2026, rates change.

Beyond the package:

Palomino is small, and knowing where to go makes all the difference. We're happy to tell you what's worth doing in and around the village — the river, the beach, the hikes, the good places to eat — and to help you arrange it. That's also what the Bienvenida Cora is for: a drink, a conversation, and a proper landing.

We look forward welcoming you in our little paradise.

Your team from



@casadelpavoreal



@casaita_



@corastudio_palomino